

E Z

ERM

## **SENIOR SCHOOL**

Week 3



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		MAIN		
Sweet & Sour Vegetable Egg Noodles (v)  Roasted Pepper, Feta & Spinach Frittata (v)  Chinese Broccoli Prawn Crackers	Chicken Dhansak  Sweet Potato, Red Lentil & Paneer Curry (v)  Steamed Rice Raita Naan Bread	Honey Glazed Ham Free Range Egg  Roasted Squash & Goats Cheese Quiche (v)  SIDES  Potato Wedges Baked Beans	Traditional Beef Lasagna  Vegetarian Quorn Lasagna (v)  Garlic Bread Sweetcorn Greek Salad	Beer Battered Fish Tartare Sauce  Beer Battered Halloumi (v)  Chunky Chips Garden Peas Baked Beans
Winter Berry Crumble Custard Flapjack	Chocolate Crunch Pink Custard Lemon Yoghurt Cake	DESSERTS  Sticky Toffee Pudding Toffee Sauce  Winter Berry Crumble Bar	Pear & Cinnamon Eves Pudding, Custard Tiramisu Cake	Ice Cream Rice Krispie Millionaire
Chef's Specials Grab and Go				
Egg Mayonnaise Sandwich	Hoisin Duck Wrap	Tuna Mayonnaise Sandwich	Ham Salad Baguette	Bacon, Lettuce & Tomato Sandwich
Available each day!				

Baked Potato and Pasta Bar with a choice of fillings
Freshly Prepared Seasonal Salad Bar
Homemade Seasonal Soup
Cheese, Ham, or Tuna Mayonnaise sandwiches to takeaway