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PREP SCHOOL

Week 3



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		MAIN		
Macaroni Cheese (v) Feta, Vegetable & Quinoa Stuffed Peppers (v)	Pulled Pork Burrito Mexican Bean Stack (v)	Traditional Beef Mince Cottage Pie Lentil & Vegetable Cottage Pie (v)	Chicken Satay Fried Rice Tofu Vegetable Satay Skewers (v)	Breaded Fish Finges Beer Battered Halloumi (v)
Sun Dried Tomato Focaccia Garlic Green Beans	Steamed Rice Mexican Slaw Sweetcorn	SIDES Glazed Carrots Roasted Lemon Courgette DESSERTS	Thai Noodle Salad Broccoli	French Fries Minted Garden Peas Baked Beans
Fruit Crumble Custard	Mint Chocolate Chip Sponge	Jamaican Ginger Cake	Plum Sponge White Chocolate Custard	Ice Cream
Available each day! Baked Potato and Pasta Bar with a choice of fillings Freshly Prepared Seasonal Salad Bar				