

ERM



SENIOR SCHOOL

Week 3



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		MAIN		
Macaroni Cheese (v) Feta, Vegetable & Quinoa Stuffed Peppers (v)	Pulled Pork Burrito Mexican Bean Stack (v)	Traditional Beef Mince Cottage Pie Lentil & Vegetable Cottage Pie (v)	Chicken Satay Fried Rice Tofu Vegetable Satay Skewers (v)	Fish Finger Brioche Bap Lemon Mayonnaise Carmelised Onion & Goats Cheese Tartlet (v)
Sun Dried Tomato Focaccia Garlic Green Beans	Steamed Rice Mexican Slaw, Sweetcorn	SIDES Glazed Carrots Roasted Lemon Courgette DESSERTS	Thai Noodle Salad Broccoli	French Fries Minted Garden Peas
Rhubarb Crisp Custard Carrot Cake	Jam Cinnamon Doughnut Cake, Chantilly Cream Blackberry & Coconut Square	Apple Crumble Cake Jamaican Ginger Cake	Plum Sponge White Chocolate Custard Red Velvet Cookie Bar	Ice Cream Popcorn Rocky Road
Chef's Specials Grab and Go				
Egg Mayonnaise Granary Bread	Chicken & Bacon Baguette	Pulled Pork, Asian Slaw Wrap	Tuna Mayonnaise	English Breakfast Sandwich
Available each day! Baked Potato and Pasta Bar with a choice of fillings Freshly Prepared Seasonal Salad Bar				

Baked Potato and Pasta Bar with a choice of fillings
Freshly Prepared Seasonal Salad Bar
Homemade Seasonal Soup
Cheese, Ham, or Tuna Mayonnaise sandwiches to takeaway